



Sheffield Treatment and Recovery Team

Sheffield Alcohol Services

Who are we and what do we do?

We are two teams of health and social care professionals who provide a number of services to people who misuse, or have an addiction to alcohol. Our aim is to provide packages of care to assist in reducing alcohol intake, or to become abstinent.

How to get help

The Open Access team opens the door to all alcohol services in Sheffield. If you, or someone you know has a problem with drinking, you can contact us. Anybody can call us:

Call

0114 226 3000

You will be offered an appointment within 7 days

- You can ring for yourself
- You can call for someone else
- A professional who is worried that someone they are working with has problems can contact us.

Open Access

We assess drinking habits and provide support, advice and information to anyone wanting to make changes to those drinking habits. We also provide advice and support to people affected by someone else's drinking. We will refer to other services when appropriate, including...



Secondary Care Alcohol Services

Alcohol Services

Secondary Care Alcohol Services provide treatment to assist in reducing alcohol intake, or to become abstinent. Treatment in our service can include:

- Comprehensive assessment to identify need, including physical & mental health and risk assessment
- Advice in relation to intoxication and the risk of overdose
- Help to understand the consequences of alcohol intake on mental and physical wellbeing
- Prescribed medication
- 6 to 12 week packages of psychosocial interventions or 'talking therapies'
- Support through special recovery clinics
- Detox programmes - community & inpatient
- Referral for full needs assessment for access to residential rehabilitation
- Facilitated access to mutual aid and other recovery activities



FIND US

@The Matilda St entrance
of 44 Sidney St
Sheffield S1 4RH

CALL US

0114 226 3000



Use your smartphone to scan this code and get a map of our location.