

BOARD OF DIRECTORS MEETING (Open)

Date: 12th July 2017

Item Ref: 5

TITLE OF PAPER	Integrated IAPT Service developments
TO BE PRESENTED BY	Clive Clarke, Deputy Chief Executive
ACTION REQUIRED	For the Board to note the current position in the development of the Integrated IAPT model following the successful bid for NHS England transformation funding.
OUTCOME	For the Board to be assured that progress is being made in delivering the Trust's strategy and responding to national policy developments.
TIMETABLE FOR DECISION	July 2017 meeting.
LINKS TO OTHER KEY REPORTS / DECISIONS	No direct links. The medium term developments of the Integrated IAPT service will connect to the implementation programme for CMHT Reconfiguration (last reported to open Board on March 2017)
LINKS TO OTHER RELEVANT FRAMEWORKS BAF, RISK, OUTCOMES	This service development directly supports the delivery of the following strategic objectives A1 04: Timely access to effective care A3 01: Deliver interventions and support closer to general practice, neighbourhoods and embedded within other services. A3 02: Collaborate and work with partners to support shared aims of delivering quality care and support.
IMPLICATIONS FOR SERVICE DELIVERY AND FINANCIAL IMPACT	The new service model will result in increased activity targets that form part of the implementation programme. £2.1 million initial investment planned during the current financial year, with £1.65 million recurrent investment into 2018-19 committed by NHS Sheffield CCG.
CONSIDERATION OF LEGAL ISSUES	None highlighted at this stage

Author of Report	Toni Mank
Designation	IAPT Head of Service
Date of Report	5 th July 2017

SUMMARY REPORT

Report to: BOARD OF DIRECTORS MEETING

Date: 12th July 2017

Subject: Integrated IAPT Service developments

Presented by: Clive Clarke, Deputy Chief Executive

Author: Toni Mank, IAPT Head of Service

1. Purpose

<i>For Approval</i>	<i>For a collective decision</i>	<i>To report progress</i>	<i>To seek input from</i>	<i>For information</i>	<i>Other (please state below)</i>
		X			

2. Summary

Introduction

The Trust, with the support of NHS Sheffield CCG, has secured significant transformation funding from NHS England to deliver new models of care as part of the national programme to implement the Mental Health Five Year Forward View.

The Trust's bid was ambitious. It aims to deliver truly integrated care across 10 physical health conditions, ensuring people have access to evidence-based psychological therapies that are proven to deliver improvements in peoples physical health. This will be a key development, providing psychological therapies within the physical health care pathway, rather than the traditional separate approaches.

Trust Strategy and Strategic Objectives

This key service development supports the following Strategic Objectives

- A1 04: Timely access to effective care
- A3 01: Deliver interventions and support closer to general practice, neighbourhoods and embedded within other services.
- A3 02: Collaborate and work with partners to support shared aims of delivering quality care and support.

Delivery Objectives

The specific delivery objective that the service development will deliver upon is

- Expand IAPT provision to deliver psychological therapies for people with physical health long term conditions, supporting an additional 3,333 people by the end of 2018-19

Related developments from the introduction of the Integrated IAPT model will also support the following deliver objectives

- Develop proposals for a new emotional wellbeing and primary care mental health service for approval by August 2017. Proposal to deliver services within neighbourhood model, promote access to social prescribing and integrate psychological interventions and support between primary care and specialist community services.
- Review and implement plans by August 2017 to improve employment and employability outcomes through provision of IAPT interventions within employment services and job coaching within mental health services.

Mental Health Five year Forward View

From Implementing the Five Year Forward View for Mental Health the aim is that by 2020/21 at least 25 per cent of people (or 1.5 million) with common mental health problems will enter in to psychological treatment. At least two thirds of the expansion of IAPT will be working with Long-Term Conditions and Medically unexplained symptoms. This will be achieved through integrating in to the physical health care pathways by working with medical specialities, department of psychological medicine, community specialist teams and primary care. The aspiration is that whilst there will be a presence in the hospital setting as part of team meetings to educate, promote mental health and screen people for anxiety and depression, psychological therapy will be provided back out in the community at neighbourhood level.

The national objectives that fall from this are

- At least 25% of people with common mental health problems will enter in to treatment by 2020/21
- For Sheffield this means an increase from the current 18% target/ position (12,000 people a year) to the 25% target of 16,666 people with common mental health problems accessing psychological therapies each year – an extra 4,666 people each year by 2020/21. The recurrent funding model of £1.65m agreed by commissioners would take the access target to 23% Therefore, additional investment is still to be made by 2020/21. As Sheffield is an early implementer site the level of activity that can be achieved within resources will need to be reviewed. To ensure parity of esteem between physical and mental health, workforce integration needs to happen with physical health workers which will take time to mature. This project is significantly different from the activity that can be achieved in core IAPT due to presence in medical specialities and multi-disciplinary team meeting to ensure a holistic approach to mental health and physical health
- 2/3rds of the increase in numbers is to be targeted to people with Long Term Conditions, which will equate to around 3,110 people
- Improved access for people aged over 65 years and outcomes for people from BAME communities are also expected.

Current performance

The Sheffield IAPT service was successfully re-launched in 2016, undergoing a significant modernisation, making the service more responsive, personalised and far more accessible. It also continues to offer a service to over 18% of the number of people who have depression and/or anxiety disorders in Sheffield (local estimate based on Adult Psychiatric Morbidity Survey 2000). This is well above the previous 15% national target.

The Trust has a strong and well performing local service model with effective governance systems. Exceeding targets for the following key indicators

	Target	SHSC	England
Numbers accessing therapy	15%	18%	
% access treatment in 6 weeks	75%	86% Q2 89% Q3 89.9% Q4	86.7% Q2 88.6% Q3 n/a
Recovery rates	50%	50% Q2 50% Q3 51.48% Q4	48.5% Q2 48.8% Q3 n/a

Integrated IAPT Plans (this will be supported by a presentation to the Board)

The Trust developed an ambitious, transformative and successful plan to expand the current service model and capacity to deliver the national targets early and through an integrated development programme. The new and intended service model aims to deliver

- integrated care within physical health pathways,
- increased training provision for PWP and High Intensity roles and
- improved pathway developments.

The development plan will result in 3,333 more people receiving treatment by end of 2018/19. Outcomes are expected in the following areas:

- Reduced physical health care costs for people with LTC's
- Reduced general hospital admissions
- Reduced A&E attendances
- Reduced prescribing of anti-depressant medication

Alongside this, local service quality improvement plans will focus on key client groups in respect of BAME communities, older people, perinatal services.

Financial

The investment funding to support the developments is summarised as follows:

	2017-18	2018-19
NHS England transformation funding	1,811,961	-
Sheffield CCG funding		1,659,791
Other funding (HEE Training)	307,941	-
Total funding	2,119,902	1,659,791

3 Next Steps

The services implementation plan is being delivered to ensure key activities are being progressed in respect of recruitment, pathway development and system developments.

4 Actions

For the Board to note the current position and progress being made in developing and introducing the new Integrated IAPT model.

5 Monitoring Arrangements

In governance terms the following reporting is in place

- Trust Transformational Operational Group
- Sheffield Mental Health & learning Disability Delivery Board
- SY&B STP Mental Health workstream
- Direct reporting to NHS England

6 Contact Details

Toni Mank
IAPT Head of Service