

Mental Health Act Managers' Review hearing

To help the AMHAMs decide whether to discharge a person from a CTO they receive a number of written reports before the CTO review hearing. These reports are written by medical, nursing and social care staff. You will be sent a copy of these reports.

A CTO review panel consists of three AMHAMs and every effort will be made to have a member on the panel who is the same gender as yourself. Your responsible clinician and care coordinator will attend to answer questions the panel may have about your care in the community.

You have the right to have a relative, advocate or legal representative at the hearing. If you need an interpreter one can be arranged by your care coordinator.

At the CTO review meeting

The review meetings are normally held in a designated room in a hospital or community clinic. The panel will introduce themselves and will ask you for your views and opinions about being detained. They will also ask you if you want to be seen alone at the end of the meeting. The panel then considers the reports from your care team and there will be a chance for discussion.

If you have requested that your nearest relative is not invited, their views can be included in the reports of the care team. They will then ask everyone to leave the meeting whilst they consider all the information. Once a decision has been reached, one of the panel members will speak to you as soon as possible to explain their decision.

What if the AMHAMs discharge me from my CTO?

If you are discharged from a CTO you may be agreeable to staying in contact with services, please be guided by your care team.

A Patient Guide on Associate Mental Health Act Managers And Community Treatment Orders CTOs

Who is this guide for?

If you have been discharged from hospital following detention under certain sections of the Mental Health Act 1983 (usually section 3 or section 37) and your doctor feels that the way forward is a Community Treatment Order (CTO)

Although you are no longer in hospital, a CTO means that you have to comply with certain conditions to stay in the community rather than in hospital but you may be recalled to hospital if you become unwell or you do not do what the CTO says you have to do.

Who decides to discharge me from my CTO?

A person is discharged from a CTO in the same way that they are discharged from other sections of the Mental Health Act 1983.

- Your Responsible Clinician discharges you
- The CTO Expires without being renewed
- A Mental Health Tribunal makes a decision on discharge
- AMHAMs make a decision to discharge
- Your "Nearest Relative" uses their power of discharge

How can the Associate Mental Health Act Managers help me?

If you have been discharged under a CTO you have the right to appeal to the "Hospital Managers" - against your detention. You can ask the AMHAMs to review your detention.

AMHAMs have the power to discharge someone from detention under a CTO and consider reports for the renewal of sections.

Please ask to see our leaflet "A Patients Guide on Associate Mental Health Act Managers"

You can apply for a review of your detention under the CTO as many times as you like although hearings are rarely heard within 28 days of a previous review or if there is a Tribunal due

How do I make an appeal to the Associate Mental Health Act Managers?

You can do this by writing to:

The Hospital Managers
C/O Catherine Dixon
Mental Health Act Administration
Manager
Michael Carlisle Centre
75 Osborne Road
Sheffield S11 9BF

Your Care co-ordinator will be able to help you with this if you are unsure.

What happens if I appeal?

If appropriate a hearing will be arranged and you will be contacted with the arrangements.