

Council of Governors: Summary Sheet

Title of Paper:

Presented By:

Action Required:

For Information	<input checked="" type="checkbox"/>	For Ratification	<input type="checkbox"/>	For a decision	<input type="checkbox"/>
For Feedback	<input checked="" type="checkbox"/>	Vote required	<input type="checkbox"/>	For Receipt	<input type="checkbox"/>

To which duty does this refer:

Holding non-executive directors individually and collectively to account for the performance of the Board	<input type="checkbox"/>
Appointment, removal and deciding the terms of office of the Chair and non-executive directors	<input type="checkbox"/>
Determining the remuneration of the Chair and non-executive directors	<input type="checkbox"/>
Appointing or removing the trust's auditor	<input type="checkbox"/>
Approving or not the appointment of the trust's chief executive	<input type="checkbox"/>
Receiving the annual report and accounts and auditor's report	<input type="checkbox"/>
Representing the interests of members and the public	<input checked="" type="checkbox"/>
Approving or not increases to non-NHS income of more than 5% of total income	<input type="checkbox"/>
Approving or not acquisitions, mergers, separations and dissolutions	<input type="checkbox"/>
Jointly approving changes to the trust's constitution with the Board	<input type="checkbox"/>
Expressing a view on the Trust's forward plans	<input type="checkbox"/>
Consideration on the use of income from the provision of goods and services from sources other than the NHS in England	<input type="checkbox"/>
Monitoring the activities of the Trust to ensure that they are being conducted in a manner consistent with its terms of authorisation and the constitution.	<input checked="" type="checkbox"/>
Monitoring the Trust's performance against its targets and strategic aims	<input type="checkbox"/>

How does this item support the functioning of the Council of Governors?

Governors attend a number of events and sit on various committees in order to better understand the NHS landscape and to ensure that their and their members' views are heard. In addition, their involvement allows them to better understand the business of the Trust so that they can be confident that it is operating within its terms of authorisation and constitution, and in the best interests of the people it serves.

Author of Report:

Designation of Author:

Date:

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Adam Butcher
Governor Constituency:	Service User
Feedback from:	Sheffield Adult Safeguarding Customer Forum
<p>Details:</p> <p>I chaired a meeting of the Sheffield Adult Safeguarding Customer Forum, to talk about the annual report of the SASP. We also talked about the up-and-coming Safe in Sheffield Safeguarding awareness week which is 20-25 of November 2017.</p> <p>The Annual Report for the SASP will also be made into an easy report for service users and an easy-read safeguarding booklet.</p> <p>I will do a new update following the Awareness week.</p>	
Action to be taken:	Please state what is required of governors, ie provide feedback etc n/a
Timescale for action:	n/a
Signed: <u>A Butcher</u> Date: 11/17/2017	

Report to the Council of Governors

(please tick if appropriate) **For Information only**

x

(please tick if appropriate) **For Action**

From:

Jules Jones

Governor Constituency:

Public SE/Lead governor

Feedback from:

Sheffield Mental health Service improvement forum 14 6 2017

I chair this meeting, on behalf of SCC.

Today we had useful presentations from Richard Bulmer at SHSC, about the service re-configuration, which gave members of the SIF the opportunity to raise their questions, criticisms, concerns or comments on the subject.

We had a presentation on the new 'personal health budgets' programme which is to be rolled out by Sheffield Clinical Commissioning Group (SCCG). The project aims to give individuals a 'personal health budget' (paid for from SCCG funds). The personal health budgets are used by the individual patient/SU to purchase small scale health interventions or therapies, (the definition of a 'health intervention' or a therapy is much wider than 'health' alone, and would better be described as 'wellbeing' interventions). There were some mixed views within the room on this subject. The personal health budgets would work in very similar way to 'direct payments' which are used for individual 'purchasing' of social care.

Date of Next meeting: 20th September, 1pm, Town Hall.

Action to be taken:

none

Timescale for action:

none

Signed: J.Jones

Date: 10/7/17

Report to the Council of Governors

(please tick if appropriate) **For Information only**

x

(please tick if appropriate) **For Action**

From:

Jules Jones

Governor Constituency:

Public SE/Lead governor

Feedback from:

Sheffield Equality Hub network: Religion and belief or no-belief hub

This 'Equality Hub' aims to provide a safe space for people of different religious persuasions and/or of no religious persuasion to discuss ideas and issues with the aim of helping to make Sheffield a better place for all. At least that is the idea.

In practice this noble aim was certainly not achieved at this particular meeting. The meeting itself was frequently disrupted by small groups of members who repeatedly laughed/joked and held their own 'private meetings' at the back of the room. In my opinion this was not conducive to sensible discussion of any pertinent issues. One permanently stropky member kept berating others each time anyone else spoke (regardless of the subject). The meeting is run by a voluntary organisation on behalf of SCC, and the administrator of that organisation spend far too much time moaning about unrelated matters, she also complained about SCC wanting to shut the hubs down, which only added to the generally confused and negative nature of the meeting. This is 2 hours I won't get back.

A member of the LGBT hub attended the meeting; she promoted a "Pink Picnic" or 'Pinknic' to be held in the Peace Gardens during the day on 15th July. She went on to discuss how a Pride event at Endcliffe park last year was interrupted by a small group of religious demonstrators who chanted death threats towards the LGBT community, whilst, it was alleged, the police who were in attendance did not intervene. I suggested that we specifically note in the minutes the strong sense of disgust which was shared by all in the room when we learned of the religious bigotry which had been shown towards the LGBT community. The participants of the meeting agreed.

Action to be taken:

To note

Timescale for action:

None

Signed: J.Jones

Date: 10/7/17

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Jules Jones
Governor Constituency:	Public SE /Lead Governor
Feedback from:	Mental Health: Service Improvement Forum (MH:SIF). 27/9/17
<p>I chair the Mental Health Service improvement forum, on behalf of Sheffield city council. The MH:SIF is partly a working group and partly a forum for information sharing, commenting and affecting change. Its agenda can encompass anything that is MH related and it goes beyond the narrow remit of SCC funded services for MH.</p> <p>MH services mapping (SCCG): Today we discussed the MH mapping work which the Sheffield clinical commissioning group (SCCG) has been carrying out. Our guest speaker was Heather Burns of the CCG. Whilst there was a lot of varied input into the discussion, if I were to focus on one area of particular interest (where my knowledge was broadened) it would have to be the discussion – involving veterans – about the specialist services which are available to veterans to support them with MH related issues. Services (for veterans MH) have been impacted greatly by recruitment issues, but they have also been evolving to encompass better working together by various providers.</p> <p>Sheffield MH guide: Earlier in the year, the MH:SIF members were involved in the evaluation of bid submissions for the re-tendering of the Sheffield Mental Health Guide (SMHG), the winning tenderer (Sheffield Flourish) attended the meeting today in order to discuss progress on the SMHG so far. I shall be looking forward to the relaunch of the new and improved SMHG in November. (The guide is an interactive online guide aimed at all Sheffield residents who might have questions about MH)</p> <p>Discussion around MH and jobcentre/employment services: Some members shared harrowing personal accounts of how rigid jobcentre policies had a negative impact on their MH – to the point of needing urgent inpatient admission. Brief discussion of the upcoming health led employment trial (A paper relating to this was presented to SHSC board in September 2017 – and is available from SHSC website – it's worth reading). SCC will also be a partner in this project, alongside other city wide and regional organisations. Members of the MH:SIF expressed a keen interest in the co-production element of the design of the project. I was very interested in the 'working together' aspect of this project including various partners in the city and the region (SHSC, SCC, DWP etc). However, members of the MH service improvement forum raised a number of concerns over the project – from a SU point of view. (Especially in relation to the Department for work and pensions (DWP): a perception of rigidity, target setting, tick boxing and punishment coupled with a perceived lack of sympathy, empathy and understanding of MH).</p>	
Action to be taken:	For information
Timescale for action:	n/a
Signed: J.Jones Date: 29/9/17	

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Jules Jones
Governor Constituency:	Public governor SE/Lead Governor
Feedback from:	Regional Governor Conference about the Accountable Care System, New York Stadium, Rotherham. 27 th October 2017
<p>I want to say thanks to all governors who attended and to all who contributed to the email discussions afterwards. SHSC had 9 governors at the conference! Plus, many more who joined in the discussions.</p> <p>Informal benchmarking: I know I've said this before, but I attend these conferences for two reasons; (1) for the conference itself, and (2) for the opportunity to chat with Governors of other Trusts. Each time I come away from a national or regional conference I am genuinely astounded by the experiences which are reported to me by governors of other Trusts. (Often these are issues around their NEDS perceived willingness to attend Governor events/meetings). SHSC governors are clearly on the forefront of good practice with regards Governor involvement and governor ability to 'hold to account'. I remain very pleased about the positive 'critical friend' relationship which the Governors have with the NEDS. That chain of accountability is so vital, and yet, so it would seem, so fragile too!</p> <p>About the conference: The conference was arranged by NHS Providers with the aim of informing governors about the new 'Accountable Care System' (ACS) and the 'Accountable Care Organisations' (ACOs). A plethora of speakers graced the podium. Including Alan Johnshon (Former Health Secretary) who gave a surprisingly candid account of the life of a Health Secretary. Other Speakers included Andrew Cash and Bruce Keogh. Most of the talk from the podium was quite general and couched in 'Iffs and maybes'. Which didn't add much to my knowledge of the issues. What stands out for me was both Cash and Keogh mentioned Bevan (architect of the NHS). Keogh went one step further and speculated that Bevan would support the current initiatives within the NHS. This was a rhetorical trick too far in my view, since Bevan is dead and therefore cannot refute the suggestion. In addition, several governors had read Bevans' treatise on the NHS (see: 'In place of Fear' – Chapter 5, 'A Free Health Service'), which certainly suggests that Bevan would in fact be unlikely to support the current changes. In fact, I heard mutterings of "spinning in his grave" from several people who were present in the room.</p> <p>I sat on a table with two other SHSC Governors, I noted the confidence of my fellow governors when they discussed the processes of 'holding to account'. We had a NED from another Trust at our table who reacted to us as if we unusual in her experience of Governors.</p> <p>Following the meeting, many governors contributed to email discussions around the issues, two general themes emerged (1) Governors didn't feel particularly well informed about the new changes, and (2) an exploration of where our (Governors') voice lies within the system. I suggested that due to the Board level discussions around the ACS, our voice was as strong or as weak as our 'critical friend' relationship with the NEDS. The question is: how informed/involved do NEDS feel about the ACS?</p>	
Action to be taken:	For information only

Timescale for action:	none
Signed: J.Jones	Date: 25/11/17.....

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Jules Jones
Governor Constituency:	Public Governor/Lead Governor
Feedback from:	Clover group: Darnall Primary Care & Highgate surgeries, Patient Participation Group (SU group) 16/11/17
<p>Clover group is the name for the Primary Care Directorate, part of SHSC. I attend these meetings primarily as a Service User, but I am also the public governor for the area and people are aware of this.</p> <p>You might be interested to hear that Nicola Simpson, the new Clover practice manager was in attendance. She has calculated the 'Did Not Attend' (DNA) rates for October. Highgate = 162 and Darnall = 257. The number represents the number of appointments which were missed. Appointments missed were either 15 minutes or 30 minutes long.</p> <p>Patients discussed the well-known issues around being unable to get through on the phone and this in turn impacting on their ability to access services. This was discussed in some detail. The Trust has approved A new fiber broadband phone line, which is to be installed and will hopefully alleviate some of these issues. It will allow up to 60 people to be held in a call queue – and to be informed of their place in the queue, and as a result of this it is anticipated that some patients may choose an alternative option and not wait in the queue. Patients did question whether or not this 60-person call queue is really 'managing' access or just preventing it? One patient pointed out that they had tried getting an appointment after the previous PPG meeting a month before, and they had been unable to get an appointment and were still waiting.</p> <p>There has been a recent CQC report on Darnall Primary Care – it is now rated 'Good' (previously 'Requires Improvement'). This result was shared with the patients. The practice manager told us that this 'good' rating gave the practice some "breathing space" to work on the various issues. It was pointed out to patients that the CQC report mentions a patient who only had to wait for 2 hours for an appointment, the reaction to this anecdote was interesting! It was noted that the CQC anecdote had come back to bite the practice, because a 2-hour wait expectation is not the experience of the majority of patients.</p>	
Action to be taken:	For information
Timescale for action:	
Signed: J.Jones	Date: 25/11/17

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Maggie Young
Governor Constituency:	Staff (AHP)
Feedback from:	CAST Cast a Light Exhibition + others
<p>I attended the Creative Arts Steering Group (CAST)'s exhibition 'Cast a Light' at 35 Chapel Walk. I volunteered to assist Kay Aitch who organises this annual exhibition, which was open to service users, staff and the public.</p> <p>As a result of the exhibition I met a number of staff and service users and had a number of different discussions about Recovery Enterprises now called Flourish and the different Creative Arts based activities going on in the Trust. I found out that CAST runs a well-attended Arts workshop every Monday afternoon at St Mary's.</p> <p>I had very interesting conversations with a number of staff attending the exhibition who are part of my constituency Allied Health Professionals. I spoke with Catherine Draper who was previously a Music Therapist and is now a CBT Therapist. Catherine escorts a service user to a music session once a week at the Stag Works on John Street, which is further evidence of the diversity and wealth of creative activities taking place in the Trust. Promoting Arts Therapies is one of my special interests and something I feel I can bring to the Governors.</p> <p>I also spoke to Liz Fletcher Occupational Therapist at Eastgalde and updated her about my role as a Governor. She updated me re her change in job role as a result of the Mental Health Reconfiguration. She will be moving to the SPA at Netherthorpe House and working in the Emotional Wellbeing Team which she feels provides positive opportunities for the OT's to work together as a Team. She also spoke to me about some co production research she is involved with regarding a Move More Group for men at the Graves Leisure Centre being evaluated by Nick Long, SHU . We also discussed the need to bring digital solutions in to work with mental health service users and ironically she had made a note of a well evaluated digital service Sh@ron Support, Hope and Recovery Online (a network for service users with an Eating Disorder, which is part of Berkshire Eating Disorders Service). I was already familiar with this service but it was good to be refreshed. This builds on my attendance at the AMM where I had various discussions with Mental Health staff about the need for a digital interface with service users.</p> <p>Overall I was really impressed with the CAST exhibition and all the interlocking networks linked with CAST. Every afternoon of the exhibition there was a workshop. On the afternoon I was there Chrissie Bonham facilitated a Storying Sheffield event which was well attended by staff and service users. As it was the day before the Autumn equinox the theme was about people's feelings about the onset of winter, dark nights and fear of feeling low associated with winter. I met some really interesting people and we all made a pledge of one thing we were going to do to help with our feelings. My pledge was to plant daffodils so I could look forward to Spring.</p> <p>Reflection I felt it was important for me to commit to establish regular communication channels with my constituency for the purposes of mutual feedback.</p>	

Action to be taken:	Please state what is required of governors, ie provide feedback etc For information
Timescale for action:	n/a
Signed: Maggie Young..... Date: 30 th November 2017	

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Michael Thomas
Governor Constituency:	Young Service User/Carer
Feedback from:	Sheffield CCG Review of Psychological Therapies
<p>Sheffield CCG are currently in the process of reviewing directly commissioned psychological therapy services across the city ^[1]. The CCG appointed Mental Health Strategies Ltd as external consultants to perform the independent assay and provide twelve key recommendations. Heather Burns, Head of Commissioning, Mental Health Portfolio, hosted a workshop on Wednesday 22nd November to review project findings and discuss future steps.</p> <p>The review was requested because “the provision of psychological therapies in Sheffield is predominately provider led, is based on historical patterns of need and has, to date, had little commissioning input of proactive oversight” ^[2].</p> <p>Mental Health Strategies reported that service provision in Sheffield is generally good and have recommended that the CCG “(take) focused action in the near future” and have listed eleven further recommendations, which include ^[2]:</p> <ol style="list-style-type: none"> 1) The commissioning of a mental health liaison service for children 2) The establishment of a Psychological Therapies Forum 3) To adopt a set of core values for care across all psychological services. <p>The full report is due for release into the public domain, but I am currently unsure of the timescale for this. I will be happy to share the content of the final report with members of the CoG once available.</p> <p>^[1] Services provided by Sheffield Teaching Hospitals, Sheffield Health and Social Care and Sheffield Children’s NHS Foundation Trusts, along with a small number of third-sector providers.</p> <p>^[2] Executive Summary: “Independent evaluation of the commissioning of psychological services on behalf of Sheffield CCG”, Report by Mental Health Strategies Ltd, November 2017</p>	
Action to be taken:	None
Timescale for action:	N/A
Signed: <i>Michael Thomas</i>	Date: 1 st December 2017

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Sue Roe
Governor Constituency:	Carer
Feedback from:	Various Meetings
<p>Sheffield Parent Carer Forum (SPCF) Conference at St. Mary's Bramall Lane 17th November on Family Wellbeing, was well attended with a variety of stalls including mental health, Young Carers, Carers Centre and other therapies. The Christmas Film this year is Elf at the Showroom Cinema on 9th December.</p> <p>Families Lobbying and Advising Sheffield (FLASh) The monthly meeting included a session with MP Mr. Clive Betts where many difficulties were raised regarding the lack of communication with various departments within Sheffield City Council and conflicting advice given. Also when an official complaint is made it seems to land on the desk of the person who the complaint is about. There is also a lack of help from the Social Care Team, since re-configuration of the social work teams with families not knowing which team and sector they are in and social workers not knowing about learning disabilities and mental health. This is causing more stress for families. The next meeting is on the 7th December.</p> <p>Bents Green School for children/young people with Autism and associated problems. FOBG the fundraising group has been lucky to gain funding from the Co-Op and bidding for funding from AVIVA. Our aim is to raise money for equipment for the sensory room. In October we had a race night at Owlerton Stadium which raised £900 which was shared with the Alzheimer's Society. Our fashion show in November raised over £400. 1st December we have been asked to the Dore Village Society to their Lantern Parade as the society has chosen our group to support. We have the Enterprise Event on the 8th and Christmas Concert on the 5th December. We are planning a car boot sale sometime in the new year.</p>	
Action to be taken:	Please state what is required of governors, ie provide feedback etc for information
Timescale for action:	n/a
Signed: Sue Roe Date: 30.11.17.....	

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Terry Proudfoot
Governor Constituency:	Service User
Feedback from:	Why Should I Use Digital? 23 rd November 2017
<p>Details:</p> <p>This was an overview of the use of digital, and some interesting points were made by both speakers and attendees. There were talk on Sheffield Flourish's approach to digital, the use of YouTube as a medium for mental health self-help/education, and the use of assistive technology in healthcare, amongst others.</p> <p>One talk was more interactive, trialing a new SmartPhone app (new to all of use) as a potential educational tool; and the talks were interspersed with group discussions in small groups on various aspects of digital.</p> <p>For me, although some of the talks were very thought-provoking, the group discussions were most valuable, as some of the ideas and challenges that came up were insightful – lots of heads are better than one.</p> <p>I got the impression that the day was intended for overview and idea gathering at this point.</p>	
Action to be taken:	Please state what is required of governors, ie provide feedback etc For information
Timescale for action:	n/a
Signed: Terry Proudfoot..... Date: 28 November 2017	

Report to the Council of Governors	
(please tick if appropriate) For Information only	
(please tick if appropriate) For Action	
From:	Terry Proudfoot
Governor Constituency:	Service User Governor
Feedback from:	Safer Care Event – 26 th October 2017
<p>Details:</p> <p>This was an interesting and, I think, productive event. The most powerful and moving bit of the day for me was the family and staff stories on when things go wrong, although I did think a service user perspective on things going wrong would have provided another interesting angle. Unfortunately, I missed the talk relating to the CQC as I had a medical appointment, but I was present for the talk on 'Learning from Southern Health' which provided some worthwhile information on the investigation of deaths.</p> <p>There were two workshops in the afternoon. I attended 'Suicide (and self-harm) Prevention' where some good ideas came up, and 'Safeguarding Adults and Children'. There was then a talk on 'Safety Huddles' which was a method that I had never heard of before.</p> <p>From my perspective, it was a well-run and informative day. At all of these kinds of events I seem to want more discussion than there is: talks are useful but I think discussion builds ideas.</p>	
Action to be taken:	Please state what is required of governors, ie provide feedback etc n/a
Timescale for action:	n/a
Signed: Terry Proudfoot Date: 1/11/17	