**Peer Support Engagement Questionnaire**

Porterbrook Clinic

To complete this questionnaire, freely type in the SHADED: >>> areas only.

Once completed, please return either:

* via email ***(preferred)*** to [**porterbrooksupport@shsc.nhs.uk**](mailto:porterbrooksupport@shsc.nhs.uk) – **please be advised, by sending this via email you assume the associated cyber security risks.**
* OR printed and posted to: **FAO PEER SUPPORT WORKERS, Porterbrook Clinic, 75 Osborne Road, Sheffield. S11 9BF**

***Some important information BEFORE you begin:***

* The information in this questionnaire is kept confidential
* The Peer Support Workers can only offer support to people who are on the Porterbrook Clinic’s waiting list – *if you are not yet on our waiting list, you will need to seek a referral from your GP*
* By submitting this questionnaire, we assume you *are* aware of what Peer Support offers, and are wanting to engage with it as an optional service – *if you are unsure please see our web page:* [**www.shsc.nhs.uk/gender-services-peer-support-team**](http://www.shsc.nhs.uk/gender-services-peer-support-team)
* **Also, we assume implied consent to contact you using the details you provide us with *e.g. email & phone number (SMS and voice mail)***
* **Peer Support is not crisis support or psychological/medical intervention – If you feel you require support of this nature, we encourage you to seek this out via your GP, your local Mental Health services, or in an emergency call 999 / visit A&E**

**Q1. Please declare that you do understand the above statements:** >>>

**Q2. For ID and purposes, and to ensure we have up-to-date contact details, please tell us your:**

Current Legal Name: >>>

Preferred Name (if different): >>>

Pronouns (he/she/they etc): >>>

DOB: >>>

Home Postcode: >>>

NHS Number (if known): >>>

Email: >>>

Phone number: >>>

**Q3. Peer Support is available 3 different ways: *Which would suit you best?***

*(If you have no preference, our preferred option is Online Video Chat)*

*The 3 choices are:*

1. *Online Video Chat (Internet required)*
2. *Voice Calls*
3. *Emails**(E-Peer-Pal)*

My preferred choice is: >>>

**Availability**

* *Please note the Peer Support Team is unavailable Sat & Sun*
* *Appointments slots vary and are scheduled between 10am - 4pm / Mon – Fri, subject to availability*
* *Appointments are usually 1 hour in length, with a little extra time given to the 1st appointment if needed*

**Q4. With the above information in mind, please tell us when you ARE available?**

*Please tell us in your own words**what days/times will work best for you:*

*>>>*

**Support**

**Q5: What would you like Peer Support to help you with?**

*For example: information about the clinical pathway, keeping in regular contact, a chance to speak to Peers with Lived Experience of transitioning etc:*

>>>

**Q6a: What professional support do you currently have (if any)?**

*Please include things like health care/mental health workers, any other therapy support etc:*

***Please provide details including, contact’s name, number/email***

*>>>*

**Q6b: Do we have your consent to contact the people named in Q6a should we need to?**

*>>>*

**Q7: What general support do you currently have?**

*Eg. Friends, Family, Partners, Support Groups, self-care regimes etc:*

>>>

**Q8: Anything else / reasonable adjustments / communication needs etc?**

*We will inevitably forget to ask something you feel is important for us to know...*

*Please tell us anything else that may assist us in making our appointments as comfortable as possible:*

>>>

Thank you for completing this questionnaire.

Please return it via the instructions noted at the start of the document.

**The Peer Support Team**

**Gender Identity Services**

**Sheffield Health and Social Care**